

# Child Care Health Consultation Lesson Plan

**Contractor Name:** Jackson County Health Department

**Date Submitted:** 1/6/15

☐ **Children's Health Promotion**

**Adult Training on Content Area V: Health and Safety**

*Select one standard and one level*

## Health and Safety Standards

- ☐ Promoting Risk Management Practices
- ☒ Protecting Children and Youth
- ☐ Promoting Physical Health
- ☐ Promoting Mental Health
- ☐ Promoting Healthy Eating

## Training Levels

☒ 1   ☐ 2   ☐ 3   ☐ 4   ☐ 5

**Source:**

Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

**Title:** Outdoor Safety

**Training Goal:** To provide basic understanding of playground & outside Safety

**Learning Objective(s):** Participants will

Demonstrate verbal understanding of safe and unsafe playground equipment

Topical Outline of Content	Training Method(s)	Time (in minutes)
Pretest	Paper test	5 mins
Playground surfacing	Lecture & PowerPoint	5 mins
Playground equipment hazards	Lecture & PowerPoint	15 mins
Review handout public playground safety checklist	Handout discussion	5 mins
Clothing hazards	Lecture & PowerPoint	5 mins
Age appropriate playground equipment		
Rules for children to follow on playground	Lecture & handouts	15 mins
Spacing of equipment		
Inspections & documentation		
Sandbox, water & weather rules	Lecture & PowerPoint	5 mins
Supervision requirements	Lecture & PowerPoint	5 mins

**Method(s) of Outcome Evaluation:** Post-test and review pictures of playground safety right & wrong

## FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY

**Date Approved:**  
January 7, 2015

**Authorized Approval Signature:**



**Date Expires:**  
January 2018